

“YOU GOTTA TAKE THE CAR FOR A TEST DRIVE BEFORE YOU BUY IT” Why “Marriage First”?

- There are so many reasons for a couple to abstain from sexual activity until marriage. Here are just a few:
- 1 Premarital abstinence results in a married partner who is a good lover, not just a good sex partner.
- 2 Couples who live together or have sex prior to marriage have a markedly higher divorce rate.
- 3 Sex before marriage often results in unplanned pregnancies and unwanted children. This situation can create a burden on society and create distrust between you and your family members.

Abstaining from sex until marriage enforces a series of values:

- Mutual respect - it is important that there is respect for one another for a marriage to be successful. Respecting your partner's reputation enough to save sex for your wedding day is a strong indicator of your overall respect.
- Easier to be faithful - if you can refrain from any sexual activity before marriage, you will certainly stand a better chance of staying faithful throughout your marriage. Let's face it, a partner who can exhibit self-control before marriage is likely to be one who can exhibit self-control after marriage.
- Reinforces responsible attitudes - delaying sexual activity until after marriage is a very mature act. It would be much easier to give in to biological urges; anyone who can control those urges is proving their maturity.
- Develop your relationship - the average married couple has sex just twice a week. The average length of time spent on each encounter is less than an hour. There are certainly more important aspects of your relationship that need to be enhanced ahead of sex.
- Sex not related to guilt - sex before marriage can raise issues of guilt with some individuals. There is no justification for you to want your partner to ever have that sort of association.
- Bond - having a common goal, one that is a challenge to accomplish, such as abstaining from sex until marriage can bring a couple much closer together. Accomplishing that goal can be a very fulfilling moment that will have a positive impact on the balance of your relationship together.
- Sexual freedom - freedom from sexual pressure can allow you and your partner to develop true intimacy.